# Senior High 2015-2016 Excellence Programs



# **EXCELLENCE PROGRAMS**

# **Athletics • Ice Hockey**

The hockey program is for students in Secondary 3, 4 & 5 at the Senior High School. A student is eligible to register and remain in the program if he/she meets the following criteria:

**Academic Excellence:** The Student has a minimum 75% overall academic average (or has received a special recommendation from teachers & administration). Students are also expected to maintain or improve their academic average from the previous term. (Special cases)

**Athletic Performance:** The Student must complete a comprehensive and thorough skills and ability test specific on and off the ice.

**Citizenship:** The Student must maintain respectful and constructive conduct with all members of the school community. This requires that the Student displays social responsibility equal to that of a good citizen. Every student-athlete is accountable to the student Code of conduct and continued participation / enrollment in a concentration is dependent on each student-athlete to maintain positive behavior, achieve academic success, maintain a healthy lifestyle and participate in the citizenship program.

**Ice Hockey (Boys & Girls) Competitive group.** Tryouts are required. Previous experience is highly recommended. Season runs September through April. Tryouts are April 9<sup>th</sup> 2015 for the 2015-2016 school year.

**Development group:** Highly motivated students can join to experience hockey at its best non-contact level.

### **Goal of the Hockey Program**

The goal of the hockey program is to develop the student's overall academic, athletic and social abilities. The program aims to assist the student-athlete to achieve academic excellence, optimum athletic performance and exceptional conduct as a citizen of the community. This is achieved by rigorously monitoring the student's development related to effort, discipline, respect for self and others and commitment to success. Students in the program benefit from the expertise of highly accredited coaches. Students also benefit from all of the school's regular services. The student's citizenship qualities are supported by a comprehensive program that promotes good citizenship and recognizes students for achieving set standards.



#### Athletics • Football

As long as the student is in good standing (i.e. fees have been paid), any student is allowed to try out for the team. There will be a minimum academic standing to be part of this program. Students must be disciplined athletes and citizens. The coach reserves the right to release a player from the program. The funds are non-reimbursable if the student is released for major disciplinary reasons.

#### **Athletics • Soccer**

The Soccer Excellence program is designed for student athletes who are interested in being part of a High School competitive team. However not all student athletes need to compete if they do not wish to. The student athlete can be from all levels. However it is recommended that they are at either the A, AA or AAA level. Nevertheless a student who is interested and serious in applying themselves in learning the sport is also welcomed, if space is available. 75% is required to enter the program. They must hold a minimum of 70 % overall average to retain their place in the program. The program is demanding academically since we motivate the student athlete to reach Honor Roll if possible, an 80% plus overall average. The program is designed so that the student athletes can help each other. The academically stronger students may be tutors for their teammates that are struggling during study periods. The environment is a family support system, within the school and program.

The program requires constant communication with the student and their teachers. All school work must be done and a mature and responsible behavior is also required from the student. It is also encouraged that these students take part in enriched courses. They are required to support other students, school life and the special education students in the school. They are responsible for organizing Special Olympics, Soccer Fest and also part take in any other event that would require their support.

#### **Arts • Theatre**

Theatre Concentration is a program designed to expose our students to the various aspects of a theatrical production. In this course, students have the opportunity to act, sing, dance, as well as create props, set pieces and costumes. The course is geared not only to those who are interested in performing on stage, but also to those who'd like to explore their hidden talents; whether it be art, carpentry, fashion design, etc.

Once a list of registered students has been compiled, an information session is held to discuss the program in great detail. This involves a tour of our facilities, as well as a question and answer period led by current theatre students.

In order to be accepted into the program, students must complete a profile outlining their strengths, interests, acting/set experience and why they would like to join. In addition, students have to perform a song and a dramatic monologue of their choice. Those interested in set and costume design, must provide a portfolio of their work. These auditions are usually held in the month of April.

### Arts • Music Art

Music/Art Excellence Programs are pathways designed to expose our students to the various aspects of artistic and musical production. The course is geared to students who are artistically talented or who wish to further investigate their interest in the art or music programs being offered next year having had an exposure to these areas in the past high school years.

Once a list of registered students has been compiled, an information session is held to discuss the program in great detail. This involves an orientation that the art and music teachers will organize and coordinate. A sample of their musical talent or portfolio may be a part of the orientation process. In order to be accepted into the program, students must complete a profile outlining their strengths, interests, and why they would like to join. In addition, students have to perform a song and a dramatic monologue of their choice. These auditions will most probably be held in the month of April.

### Science: A combination of 2 options

At the secondary IV level, any student who qualifies for Scientific Math IV (ie. enriched), will be allowed to register for EST Science IV (ie. enriched). These two courses are prerequisites to access the Science Path at the secondary V level.

Placement in Chemistry and Physics at the secondary V level, will require that the student has passed EST Science IV (ie. enriched), and qualifies for Scientific Math V.

Parents who require additional information concerning the science path at the secondary IV and V levels are encouraged to speak with their child's high school guidance counsellor.

**Note:** If you have already sent in your child's course selection form and did not include the cheques, do not worry we will contact you later in the Spring.